



Visit our website

# September 2024

## EarlyON in Stratford

www.earlyyearsinfo.ca

E-mail: earlyyearsinfo@ytr.ymca.ca Phone: (519) 741-8585 x3001



@EarlyYearsInfoStratford

### EarlyON at The Stratford Mall

1067 Ontario St, Stratford  
Entrance closest to the food court

### EarlyON at SERC Park

134 Matilda St, Stratford  
Grassy area by the play structure

### EarlyON at Stratford YMCA













204 Downie St, Stratford  
Main entrance off of the YMCA parking lot

### EarlyON at 200 Britannia

200 Britannia St, Stratford

### EarlyON at SERC

220 Oakdale Ave, Stratford

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
EarlyON at The Stratford Mall	EarlyON at Stratford YMCA	EarlyON at SERC Park	EarlyON at Stratford YMCA	EarlyON at SERC Park	EarlyON at Stratford YMCA
 <b>BABY TIME AM</b> 9:30-11:30 0-18 months No program September 2 & 30	 <b>PLAY &amp; LEARN AM</b> 9:30-11:30 0-6 years	 <b>PLAY &amp; LEARN 10-11:30 AM</b> 0-6 years No program September 18 & 25	 <b>RUN, JUMP, CLIMB 9:30-11:30 AM</b> 0-6 years	 <b>MUSIC &amp; MOVEMENT 9:30-10:30 AM</b> 0-6 years	 <b>RUN, JUMP, CLIMB 10-11:30 AM</b> 0-6 years Sept 14
 <b>BABY TIME PM</b> 1:00-3:00 0-18 months No program September 2	 <b>MUSIC &amp; MOVEMENT PM</b> 2:30-3:30 0-6 years	 <b>PLAY &amp; LEARN 1:30-3:00 PM</b> 0-6 years No program September 25	 <b>MAKE THE CONNECTION 0-1 1:30-3 PM</b> 0-12 months Sept 5-26 pre-register at www.KEyON.ca	EarlyON at Stratford YMCA  <b>PLAY &amp; SWIM PM</b> 2:30-3:15 & 3:15-4:00 0-6 years TBD pre-register at www.KEyON.ca	
		EarlyON at SERC  <b>INFANT MASSAGE 1:30-2:30 PM</b> 0-12 months Sept 25-Oct 30 pre-register at www.KEyON.ca			

Each adult entering EarlyON will be asked to have their own KEyON account or to create their own KEyON account onsite. To create your KEyON account visit [www.KEyON.ca](http://www.KEyON.ca) For support with your KEyON account please contact us by phone at 519-741-8585 x3001 or email [earlyyearsinfo@ytr.ymca.ca](mailto:earlyyearsinfo@ytr.ymca.ca)

# EarlyON in Stratford Program Guide

Funded by the [Ministry of Education](#), we offer various free, fun, and developmentally appropriate drop-in learning environments and experiences for children from birth to age 6, and their parents and caring adults.

All adults entering EarlyON Child and Family Centre locations who are not known to the EarlyON professional at the point of entry will be asked to provide government issue photo identification in order to attend EarlyON. All participants will also continue to be required to sign into KEyON.



## PLAY & LEARN (0-6 years)

“How Does Learning Happen? Through Play! Join other children, caring adults and families in play and exploration together! EarlyON Educators are available to provide support and information around early learning topics, community resources, programs and referrals in our play based environment.



## BABY TIME (0-18 months)

A time for parents/caregivers to find support & encouragement from their peers and EarlyON Educators in a safe and welcoming environment. For the first 30 minutes, this program will feature an engaging circle, giving infant and adult the time to delight together and find creative ways to use songs and puppets alongside developmental milestones! Families are then encouraged to play and participate in informal conversation with EarlyON Educators and other families. We welcome your family to Drop In anytime that works for you during this program.



## RUN, JUMP, CLIMB (0-6 years)

A variety of gross motor activities and play toys and equipment will be available for you and your little ones to get active and have fun indoors. This program is offered in the gym at the Stratford YMCA.



## MUSIC & MOVEMENT (0-6 years)

Join an EarlyON Educator and other families as we sing, dance, and explore music and movement together! Children and adults of all ages are welcome! This program features 30 minutes of guided songs and movement activities followed by 30 minutes of unstructured play and movement exploration. The program will close with some cool-down activities and a transition song.



## MAKE THE CONNECTION 0-1

Make the Connection provides interactive discussions to help parents reflect on key components of secure attachment. This secure beginning sets in motion a positive course for a child's social and emotional well-being, learning in school, and contribution to society. We will also incorporate hands-on parent-baby activities throughout the program to align with discussion topics. **Registration required.**



## INFANT MASSAGE (0-12 months)

Building a strong attachment with your infant is one of the building blocks to social development. This program is a great way to build this attachment while learning techniques for stimulating, relaxing, and providing relief for your infant. The adult attending and participating in infant massage must be the child's parent or legal guardian. Please turn KEyON email notifications “on” when registering for Infant Massage. An email will be sent to you that includes information you need to know about Infant Massage prior to attending. **Registration required.**



## PLAY & SWIM (0-6 years)

The YMCA of Three Rivers and EarlyON in Stratford are excited to invite you to join us for a swim in the shallow end of the YMCA pool and some fun, facilitated activities with your child. Pool ratio is 1 Adult to 1 Child. EarlyON staff can provide limited child minding for children on the pool deck. Support must be requested at time of pre-attendance phone call and will be on a first come, first served basis up to our childminding capacity. Please come dressed ready to swim. Each individual who is entering the pool needs to be registered. Life jackets and floatation devices are available for both adults and children. You may bring in a floatation device from home, however, puddle jumpers and water wings are not permitted. **Registration Capacity is limited. Please register for one timeslot only. Please turn notifications on in KEyON to receive important information about this program**

For questions or support please call: 519-741-8585 x3001 or email: [earlyyearsinfo@ytr.ymca.ca](mailto:earlyyearsinfo@ytr.ymca.ca)

# EarlyON in Stratford On-Site Services

Parenting and caring for children and youth is not always easy. Often parents and caregivers have many questions and trying to find the right person and community agency to talk to can sometimes be overwhelming. We have included some of our local community partners below, and we encourage you to call us at 519-741-8585 ext. 3001 or email us at [earlyyearsinfo@ytr.ymca.ca](mailto:earlyyearsinfo@ytr.ymca.ca) to talk with an EarlyON professional. We can support you with the information or referral resources you are looking for.



## **FEEDING PICKY EATERS WORKSHOP - STRATFORD FAMILY HEALTH TEAM (SEPTEMBER 18TH, 9:30-11:00AM AT EARLYON AT SERC)**

Are you having feeding challenges with your child between the ages of 1-6? Join EarlyON in partnership with the Stratford Family Health Team for this topic-based workshop. A Registered Dietitian will share strategies and tips for supporting a picky eater. While caring adults engage in the workshop, EarlyON Professionals will play and learn alongside your child within the same space. Child-minding is not provided and caring adults will remain responsible for their child during the program. Spaces are limited and pre-registration is required. **Register at [www.KEYON.ca](http://www.KEYON.ca)**



## **BREASTFEEDING CAFE - LA LECHE LEAGUE CANADA (September 27th, 9:30-11:00AM AT EarlyON at SERC)**

Join EarlyON Professionals and Lana Wahlquist, Accredited Leader, La Leche League Canada to discuss questions, challenges and successes around breastfeeding, chestfeeding and lactation. EarlyON professionals will lead an interactive circle time at the beginning of this program before the program transitions to conversation-based support. All age of babies and all feed methods are welcome. This is a great way to meet other parents and find the tips, tools, and information you need to reach your family's infant feeding goals. This is a drop-in program and you are welcome to join at any time. Older siblings are welcome. For formula feeding questions, please contact Huron Perth Public Health through [www.hpph.ca](http://www.hpph.ca) or call 1-888-221-2133.

# Planned and Unplanned Closures

**Planned closures:** Saturday, August 31st -Monday, September 2nd **Unplanned closures:** Will be posted on our social media accounts

At times, our EarlyON schedule may be impacted by the weather. Where possible, outdoor programs will be moved indoors should inclement weather occur. Please follow us [@EarlyYearsInfoStratford](#) on [Facebook](#) and/or [Instagram](#) for updates on both unplanned location closures and program location changes.

### **Inclement Weather Locations:**

Location and Program	Date & Time	Inclement Weather Location
<b>EarlyON at SERC Park (Play &amp; Learn)</b> 134 Matilda St, Stratford	Wednesdays, September 4 & 11 10-11:30am & 1:30-3pm	<b>EarlyON at 200 Britannia</b> 200 Britannia St, Stratford
<b>EarlyON at SERC Park (Play &amp; Learn)</b> 134 Matilda St, Stratford	Wednesday, September 18 1:30-3pm	<b>EarlyON at 200 Britannia</b> 200 Britannia St, Stratford
<b>EarlyON at SERC Park (Music &amp; Movement)</b> 134 Matilda St, Stratford	Fridays, September 6, 13, 20, 27 9:30-10:30am	<b>EarlyON at Stratford YMCA</b> 204 Downie St, Stratford

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