



Visit our website

# October 2024

## EarlyON in Stratford

www.earlyyearsinfo.ca

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@EarlyYearsInfoStratford

### EarlyON at SERC

220 Oakdale Ave, Stratford

### EarlyON at 200 Britannia

200 Britannia St, Stratford

### EarlyON at Stratford YMCA













204 Downie St, Stratford

Main entrance off of the YMCA parking lot

### EarlyON at Huron-Perth Children's Air Society

639 Lorne Ave E, Stratford, ON N5A 6S4

**Planned closures:** Mondays, October 7 & 14, Friday, October 25 | **Unplanned closures:** Will be posted on our social media accounts

MONDAY EarlyON at SERC	TUESDAY EarlyON at Stratford YMCA	WEDNESDAY EarlyON at SERC	THURSDAY EarlyON at Stratford YMCA	FRIDAY EarlyON at Stratford YMCA	SATURDAY EarlyON at Stratford YMCA	
 <b>INFANT MASSAGE</b> <b>AM</b> 10:00-11:00 0-12 months <b>Oct 21-Nov 25</b> pre-register at <a href="http://www.KEyON.ca">www.KEyON.ca</a>	 <b>PLAY &amp; LEARN</b> <b>AM</b> 9:30-11:30 0-6 years	 <b>TALK WITH AN EarlyON</b> <b>PROFESSIONAL</b> <b>AM</b> 10:00-10:30 & 11:00-11:30 <b>Register at</b> <a href="http://www.KEyON.ca">www.KEyON.ca</a>	 <b>RUN, JUMP, CLIMB</b> <b>AM</b> 9:30-11:30 0-6 years	 <b>EXPLORE WITH US</b> <b>AM</b> 9:30-10:30 0-6 years <b>No program</b> <b>October 4 or 25</b>	 <b>RUN, JUMP, CLIMB</b> <b>AM</b> 10:00-11:30 0-6 years <b>October 26</b>	
 <b>BABY TIME</b> <b>PM</b> 1:00-3:30 0-18 months <b>No program</b> <b>October 7 &amp; 14</b>	 <b>MUSIC &amp; MOVEMENT</b> <b>PM</b> 2:30-3:30 0-6 years	 <b>PLAY &amp; LEARN</b> <b>PM</b> 1:00-3:30 0-6 years <b>No program October 2</b>	 <b>BABY TIME</b> <b>PM</b> 1:30-3:00 0-18 months	 <b>PLAY &amp; SWIM</b> <b>PM</b> 2:30-3:15 & 3:15-4:00 0-6 years <b>Oct 11</b> pre-register at <a href="http://www.KEyON.ca">www.KEyON.ca</a>		
		EarlyON at 200 Britannia	EarlyON at SERC			
		 <b>CIRCLE OF SECURITY</b> <b>PARENTING</b> <b>PM</b> 6:15pm-7:45pm 0-12 months <b>Oct 9-Nov 27</b> <b>Registration Full</b>	<div style="border: 2px solid black; padding: 5px;"> <p>Each adult entering EarlyON will be asked to have their own KEyON account or to create their own KEyON account onsite. To create your KEyON account visit <a href="http://www.KEyON.ca">www.KEyON.ca</a> For support with your KEyON account please contact us by phone at 519-741-8585 x3001 or email <a href="mailto:earlyyearsinfo@ytr.ymca.ca">earlyyearsinfo@ytr.ymca.ca</a></p> </div>			

## EarlyON in Stratford On-Site Services

Do you have questions about your child's development? Are you looking for local resources or evidence-based information? Do you want to talk about parenting strategies? Book a conversation with an EarlyON professional. Appointments will be held at EarlyON at SERC on Wednesday mornings at the time listed in the chart above or via telephone, Zoom, or Microsoft Teams. If the above time doesn't work for you or to learn more about our onsite services, please visit our On-Site Services Page at <https://bit.ly/3XPxLlw> for more information and options.



**The City of Stratford's Children's Resource Consultant**

October 31 (9:30am-11:30am)



# EarlyON in Stratford Program Guide

Funded by the Ministry of Education, we offer various free, fun, and developmentally appropriate drop-in learning environments and experiences for children from birth to age 6, and their parents and caring adults. All adults entering EarlyON Child and Family Centre locations who are not known to the EarlyON professional at the point of entry will be asked to provide government issue photo identification in order to attend EarlyON. All participants will also continue to be required to sign into KEyON.



## **PLAY & LEARN (0-6 years)**

“How Does Learning Happen? Through Play! Join other children, caring adults and families in play and exploration together! EarlyON Educators are available to provide support and information around early learning topics, community resources, programs and referrals in our play based environment.



## **BABY TIME (0-18 months)**

A time for parents/caregivers to find support & encouragement from their peers and EarlyON Educators in a safe and welcoming environment. For the first 30 minutes, this program will feature an engaging circle, giving infant and adult the time to delight together and find creative ways to use songs and puppets alongside developmental milestones! Families are then encouraged to play and participate in informal conversation with EarlyON Educators and other families. We welcome your family to Drop In anytime that works for you during this program.



## **RUN, JUMP, CLIMB (0-6 years)**

A variety of gross motor activities and play toys and equipment will be available for you and your little ones to get active and have fun indoors. This program is offered in the gym at the Stratford YMCA.



## **MUSIC & MOVEMENT (0-6 years)**

Join an EarlyON Educator and other families as we sing, dance, and explore music and movement together! Children and adults of all ages are welcome! This program features 30 minutes of guided songs and movement activities followed by 30 minutes of unstructured play and movement exploration. The program will close with some cool-down activities and a transition song.



## **EXPLORE WITH US (all ages)**

Join other children and families with preschoolers as we explore literacy, numeracy, and science-based activities! Together, we will be creative, problem solve investigate, and gain a stronger understanding of our world through play. Younger siblings are welcome to attend. Pre-registration is not required for Explore with Us.



## **INFANT MASSAGE (0-12 months)**

Building a strong attachment with your infant is one of the building blocks to social development. This program is a great way to build this attachment while learning techniques for stimulating, relaxing, and providing relief for your infant. The adult attending and participating in infant massage must be the child's parent or legal guardian. Please turn KEyON email notifications “on” when registering for Infant Massage. An email will be sent to you that includes information you need to know about Infant Massage prior to attending. **Registration required.**



## **PLAY & SWIM (0-6 years)**

The YMCA of Three Rivers and EarlyON in Stratford are excited to invite you to join us for a swim in the shallow end of the YMCA pool and some fun, facilitated activities with your child. Pool ratio is 1 Adult to 1 Child. EarlyON staff can provide limited child minding for children on the pool deck. Support must be requested at time of pre-attendance phone call and will be on a first come, first served basis up to our childminding capacity. Please come dressed ready to swim. Each individual who is entering the pool needs to be registered. Life jackets and floatation devices are available for both adults and children. You may bring in a floatation device from home, however, puddle jumpers and water wings are not permitted. **Registration Capacity is limited. Please register for one timeslot only. Please turn notifications on in KEyON to receive important information about this program**



## **CIRCLE OF SECURITY PARENTING (0-6 years)**

At times all parents feel lost about what our children might need from us. Imagine what it would feel like if you were able to make sense of what your child was really asking from you. The Circle of Security Parenting program is based on decades of research about how secure Parent-Child relationships can be supported and strengthened. In this 8-week in-person program, facilitators will work with parents and caregivers to: understand their child's emotional world by learning to read emotional needs, support their child's ability to successfully manage emotions, enhance the development of their child's self esteem, honour the innate wisdom and desire for their child to be secure. This program is offered in partnership with Huron-Perth Children's Aid Society. **Registration for this program is now closed.**

For questions or support please call: 519-741-8585 x3001 or email: [earlyyearsinfo@ytr.ymca.ca](mailto:earlyyearsinfo@ytr.ymca.ca)