



# EarlyON | Water Street

73 Water Street North, Unit 105, Cambridge  
April 2023

## Drop-In, Stay, Play and Explore with us!

We are funded by the [Ministry of Education](#) and offer free drop-in learning environments and experiences for children birth to age 6 and their parents and caring adults. Our Drop-In environment is open any time our centre is open. We provide a variety of developmentally appropriate, fun, and interactive learning opportunities for you and your child to discover together with other families. Have a question? Looking for a resource? Our EarlyON professionals are onsite to support you. Additional programs are outlined in the calendar below. Come visit us today!

EarlyON | Water Street is operated by [Cambridge Family Early Years](#). Our team can be reached by calling 519-741-8585 x 3001. The YMCA of Three Rivers is Lead Agency for EarlyON | Waterloo Region. The [Region of Waterloo](#) is the Consolidated Municipal Service Manager for EarlyON Child and Family Centres in Waterloo Region.

**Planned Closures:** April 7th, 8th & 10th

**Unplanned Closures:** Will be posted on our social media accounts (@EarlyONWR)

| Monday<br>9:00 – 4:00  | Tuesday<br>9:00 – 7:00                             | Wednesday<br>9:00 – 4:00  | Thursday<br>9:00 – 4:00                            | Friday<br>9:00 – 12:00                             | Saturdays<br>9:00 – 12:00                          |
|--|--|---|--|--|--|
| <b>Drop In for Children and their Parents and other Caring Adults</b>    |  |   |  |  |  |
| 9:30-11:00<br>Sleep and Your<br>New Baby®<br>(0 to 12 weeks)<br>April 24 | 10:30-11:00<br>Music and<br>Movement<br>(All Ages) | 9:30 to 10:30<br>Toddler Play &<br>Learn<br>(12 to 24 months)           | 9:30-11:30<br>Community<br>Kitchen®<br>(CFEYC)     | 10:30-11:00<br>Music and<br>Movement<br>(All Ages) | 10:30-11:00<br>Music and<br>Movement<br>(All Ages) |
| 9:45 -11:30<br>Parents Learning<br>Together®<br>(CFEYC)<br>Apr 3 & 17    | 1:00-3:00<br>Young Parents<br>Connect<br>(CFEYC)   | 10:30-11:00<br>Music and<br>Movement<br>(All Ages)                      | 10:30-11:00<br>Music and<br>Movement<br>(All Ages) |  |  |
| 1:00-2:00<br>Baby and Me<br>(0-12 months)                                | 2:30-3:00<br>Music and<br>Movement<br>(All Ages)   | 1:00-2:00<br>Infant Massage®<br>(0 to 12 months)<br>March 22 - April 26 | 1:00-2:00<br>Baby and Me<br>(0 to 12 months)       |  |  |
| 2:30-3:00<br>Music and<br>Movement<br>(All Ages)                         |  | 2:30-3:00<br>Music and<br>Movement<br>(All Ages)                        | 2:30-3:00<br>Music and<br>Movement<br>(All Ages)   |  |  |
| <b>Explore</b>   | <b>Innovate</b>                                    | <b>Play</b>   | <b>Investigate</b>                                 | <b>Connect</b>                                     | <b>Learn</b>                                       |
|  |  |   |  | <b>Discover</b>                                    |  |

Programs marked with ® require pre-registration at [www.KEYON.ca](http://www.KEYON.ca). Programs marked by (CFEYC) are programs offered by Cambridge Family Early Years Centre. EarlyON | Waterloo Region supports these programs through childminding, music and movement or other facilitation support. For more information about these programs, visit [Cambridge Family Early Years Centre's website](#).



## Connections and Referrals

Parenting and caring for children and youth is not always easy. Often parents and caregivers have many questions and trying to find the right person or community agency to talk to can sometimes be overwhelming. Our EarlyON professionals and onsite community partners can support you with the information or referral resources you are looking for. Ask an EarlyON professional for more information, visit [our website](#) for local resources or meet with one of our onsite community partners.

| Community Partner  | Dates and Times  |
|--|--|
| <a href="#">Breastfeeding Buddies</a><br><a href="#">Me Breastfeed</a> Prenatal Workshop. <a href="#">Register here.</a> | Me Breastfeed – Saturday, Apr 22nd 9:30 to 11:30                       |
| <a href="#">Carizon</a><br>Zero2Six Consultation<br><a href="#">Book your appointment here.</a>                          | Wednesdays, Apr 12 <sup>th</sup> & 26 <sup>th</sup><br>10:00 and 11:15 |
| <a href="#">Family Outreach Program</a><br>House of Friendship   | Thursdays<br>9:00-4:00   |
| <a href="#">Growing Healthy Two-Gether</a><br>Carizon  | Wednesdays, April 19th & 26th<br>1:00-2:30                             |
| <a href="#">KW P.O.M.B.A.</a><br>K-W Parents of Multiple Births Association  | Tuesday, April 11th<br>9:30 to 11:30                                   |
| <a href="#">Waterloo Region Family Network</a><br>Family Resource Coach<br>No pre-registration required.                 | Tuesday, April 18 <sup>th</sup><br>10:00 -11:00                        |

**For registration support, or questions about On-Site Services offered, contact our EarlyON Admin Team 519-741-8585 x 3001 or via email at [earlyyearsinfo@ytr.ymca.ca](mailto:earlyyearsinfo@ytr.ymca.ca)**

## KEyON

For KEyON or registration support; or program descriptions, please ask an EarlyON team member; [visit our website](#); email us at [earlyyearsinfo@ytr.ymca.ca](mailto:earlyyearsinfo@ytr.ymca.ca); call us at 519-741-8585 x 3001 or watch our [“How to Use KEyON” video series](#).

## Planning your Visit to EarlyON

All adults attending EarlyON programs are required to have a [KEyON account](#). We encourage all families to read our [EarlyON Experience page](#) to help you to plan for each visit. Virtual tours of centre-based locations are available on our [Locations Near Me](#) page. If you do not have access to internet, please call our EarlyON Admin team at 519-741-8585 x 3001 and they will help to answer your questions about what to expect before your visit. For information on the programs and services offered at other EarlyON Centres, mobile sites or online, ask an EarlyON professional; visit [KEyON](#) or visit [EarlyON | Waterloo Region](#).

## Parent Permission to Attend

If your child will be attending an EarlyON without their parent or legal guardian, please ensure that you complete a [Parent Attestation form](#). If the parent/legal guardian does not complete Parent Attestation prior to the child’s visit to the EarlyON, the child will not be able to attend the program that day. Questions? Call 519-741-8585 x 3001 or email [earlyyearsinfo@ytr.ymca.ca](mailto:earlyyearsinfo@ytr.ymca.ca)

## Health and Wellness

Your family is welcome to bring a meal or snack and eat together in our snack area. We are a nut/seed-free location. Please notify our team at the beginning of each visit if you or your child has severe allergies. We try to minimize illness by practicing good hygiene and disinfecting toys regularly. We follow Public Health guidelines and ask that you remain home if you or your child are ill. We ask that you return only after you have had symptoms improving for 24-hours, or in the case of diarrhea or vomiting, 48-hours symptom-free. If you exhibit symptoms within the EarlyON, you will be asked to end your visit early.

## Social Media @EarlyONWR

We would love to connect with you and your family on social media! If you take a picture of your family enjoying our sites, please share the picture with us on-line. Please ensure that only your family members are in the picture. Please follow us online for updates and community information. You can also [sign up for our newsletter](#) to receive monthly updates directly to your inbox.