



EarlyON at Anishnabeg Outreach

March 2021 Online Calendar

Play and Explore with us Online!

EarlyON at Anishnabeg Outreach provides a variety of developmentally appropriate, fun, and interactive learning opportunities for you and your child to explore together. Join us to sing, dance, explore, discover and be active. **All programs are offered through Zoom and require pre-registration in [KeyON](#)**

Please Note: More indigenous led programs to come! Please see the next page for our Indigenous Moon Month and Specialty Programming options and dates. **Choose Anishnabeg Outreach from the drop-down list to find our programs to register.**

Daily Programming on Zoom

Monday	Tuesday	Wednesday	Thursday	Friday		
10:00AM Music & Movement		10:00AM Ready, Set, Move	10:00AM Discovery Play	10:00AM Petits Franco/ French		
Indigenous led programs coming soon!						
Join us @anishnabegoutreach on social media for info & updates!						
2:00PM Music & Movement		2:00PM Ready, Set, Move	2:00PM Discovery Play	2:00PM Petits Franco/ French		
Explore	Innovate	Play	Investigate	Connect	Learn	Discover

Daily Programming Registration

Step 1: Visit <https://www.keyon.ca/> to register for a program.

Step 2: An EarlyON team member will email you the Zoom link for the program 1 business day before your program begins.

NOTE: Registration closes at midnight 2 business days before the program begins.

Targeted Programming on Zoom

Program	Date and Time	Registration
Mental Health: Childhood Anxiety (6-week series)	Thursday March: 4, 11 - 1:00PM - 2:30PM Monday March: 15, 22, 29 - 7:00PM - 8:30PM Monday April: 5, 12, 19 - 7:00PM - 8:30PM	Register at keyon.ca
Child & Caregiver Yoga	Tuesday March: 2, 9 – 9:00AM – 10:00AM	Register at keyon.ca
Adult Yoga	Thursday March: 11, 25 – 7:00PM – 8:00PM	Register at keyon.ca
Indigenous Parenting	Coming soon! To be determined.	Register at keyon.ca

Pre-Registration is Required

A KEyON account is now required to attend any EarlyON | Waterloo Region programming offered online through Zoom. Please login to <https://keyon.ca> today to create and/or update your KEyON account prior to registering for any programs offered virtually or in-person with EarlyON | Waterloo Region.

Family Compass Waterloo Region

Visit familycompasswr.ca for resources and support available to you.

2021 Moon of the Month

Anishinaabe: Sugar Moon (Ziissbaakdoke Giizas)- As the maple sap begins to run, we learn of one of the main medicines given to the Anishinaabe which balances our blood and heals us. During this time, we are encouraged to balance our lives as we would our blood sugar levels. This moon also teaches us the time of year when the sap is running for maple sugar harvest. This is celebrated as the Anishinaabe new year.

Cree: Eagle Moon (Mikisiwipisim)- Month the eagle returns.

Inuit: Seal Pups Moon (Natsiat)- Coinciding with lengthening of days some sea animals start bearing their young, and this month is known as Seal pups moon to represent their birth season.

Haudenosaunee: Maple Festival (Wáhta).

Algonquin: (Namossack Kesos)- Catching fish.