

EarlyON at Anishnabeg Outreach February 2021 Online Calendar

Play and Explore with us Online!

EarlyON at Anishnabeg Outreach provides a variety of developmentally appropriate, fun, and interactive learning opportunities for you and your child to explore together. Join us to sing, dance, explore, discover and be active. **All programs are offered through Zoom and require pre-registration in <u>KeyON</u>**

Please Note: More indigenous led programs to come! Choose Anishnabeg Outreach from the drop-down list to find our programs to register. Check out our Mental Health series below!

Monday	Tu	uesday	Wednesday	Thursday	Friday	
10:00AM Music & Movemen	t!		10:00AM Ready Set Move	10:00AM Discovery Play	10:00AM Petits Franco/ French	
Join us @anishnabegoutreach on social media for info & updates!						
Explore I	nnovate	Play	Investigate C	Connect Learn	Discover	

Program Registration

Step 1: Visit https://www.keyon.ca/ to register for a program.

Step 2: An EarlyON team member will email you the Zoom link for the program 1 business day before your program begins.

NOTE: Registration closes at midnight 2 business days before the program begins.

Program	Date and Time	Registration
Mental Health: Childhood Anxiety (6-week series)	Thursday February: 4, 11, 18, 25 Thursday March: 4, 11 - 1:00PM - 2:30PM	Register at keyon.ca
Indigenous Parenting	Coming soon! To be determined.	Register at keyon.ca

2021 Moon of the Month

Anishinaabe: Bear Moon (Mkwa Giizis)- When we honour the vision quest that began in the fall. During this time, we discover how to see beyond reality and to communicate through energy rather than sound. This moon also gives us a special teaching about the birth of bear cubs. In February, there is one morning when there is a heavy fog in the air and the traditional person knows that this is happening.

Cree: The Great Moon (Kisipisim)- Animals do not move around much and trappers have little chance of catching them.

Inuit: Miscarriage Moon (Avunnivik)- At a time when Inuit men spent most of their time outdoors to hunt, they observed Caribou having abortions because of severe cold weather. The embryo would start to develop naturally but then the growth aborted until there was nothing left. Avuniq means an embryo's growth has stopped and miscarriage taking place.

Haudenosaunee: Feast for the Dead (Ohkhí:we).

Algonquin: (Apicuummilcum)- Ice river is gone.