



EarlyON at Anishnabeg Outreach

April 2021 Online Calendar

Play and Explore with us Online!

EarlyON at Anishnabeg Outreach provides a variety of developmentally appropriate, fun, and interactive learning opportunities for you and your child to explore together. Join us to sing, dance, explore, discover and be active. **All programs are offered through Zoom and require pre-registration in [KeyON](#)**

Please Note: Please see the next page for our Indigenous Moon Month and Specialty Programming options and dates. **Choose Anishnabeg Outreach from the drop-down list to find our programs to register.**

Daily Programming on Zoom

| Monday | Tuesday | Wednesday | Thursday | Friday | | |
|---|----------|--------------------------------|---------------------------|-------------------------------------|-------|----------|
| | | | | | | |
| 10:00AM Music & Movement | | 10:00AM Ready, Set, Move | 10:00AM Discovery Play | 10:00AM Petits Franco/ French | | |
| Indigenous led programs coming soon! | | | | | | |
| Join us @anishnabegoutreach on social media for info & updates! | | | | | | |
| 3:00PM Music & Movement | | 3:00PM Ready, Set, Move | 3:00PM Discovery Play | 3:00PM Petits Franco/ French | | |
| | | | | | | |
| Explore | Innovate | Play | Investigate | Connect | Learn | Discover |

Daily Programming Registration

Step 1: Visit <https://www.keyon.ca/> to register for a program.

Step 2: An EarlyON team member will email you the Zoom link for the program 1 business day before your program begins.

NOTE: Registration closes at midnight 2 business days before the program begins.

Targeted Programming on Zoom

| Program | Date and Time | Registration |
|---|--|---|
| Mental Health: Childhood Anxiety (finishing 6-week series) | Monday April: 12, 19 – 7:00PM – 8:30PM | Register at keyon.ca |
| Mental Health: Importance of Sleep (6-week series) | Tuesday April: 6, 13, 20, 27 - 7:00PM - 8:30PM Tuesday May: 4, 11 - 7:00PM - 8:30PM | Register at keyon.ca |
| Child & Caregiver Yoga | Tuesday April: 20 th – 11:00AM – 11:30AM | Register at keyon.ca |
| Adult/ Indigenous led Yoga | Thursday April: 15, 29 – 7:00PM – 8:00PM | Register at keyon.ca |

Pre-Registration is Required

A KEyON account is now required to attend any EarlyON | Waterloo Region programming offered online through Zoom. Please login to <https://keyon.ca> today to create and/or update your KEyON account prior to registering for any programs offered virtually or in-person with EarlyON | Waterloo Region.

Family Compass Waterloo Region

Visit familycompasswr.ca for resources and support available to you.

2021 Moon of the Month

Anishinaabe: Sucker Moon (Namebine Giizis)- when sucker goes to the Spirit World to receive cleansing techniques for this world. When it returns to this realm, it purifies a path for the Spirits and cleanses all our water beings. During this time, we can learn to become healed healers. Another teaching is that the sucker gave up his life for the Ojibwe in the month of February. The previous month, January, is the hardest time of year to get food because of the scarceness of game. In February it is easier to net these fish and it is believed that the sucker is giving his life for the Anishinaabe.

Cree: Goose Moon (Niskipisim)- Month the geese return and indication of the coming of spring.

Inuit: Bearded Seal Pups Moon (Tirigluit)- Bearded seal pups are born immediately after seal give birth to their young. This is the month in which bearded seal pups (called tirigluit) are born.

Haudenosaunee: Thunder Dance (Ratiwé:ras).

Algonquin: (Suquanni Kesos)- When they set Indian corn.